

OUTCARE

Outcare Pathways

An overview of Outcare's support pathways
for individuals, families and communities





About Outcare

Outcare is a leading community services provider in Western Australia, supporting people, families and communities across the range of life challenges to build, more stable futures.

Guided by our purpose - **guiding growth to build stronger futures** - we work alongside people to create clear, practical pathways forward. These pathways support people to secure housing, build life and work skills, strengthen social connection, and re-establish positive engagement with their communities.

Our approach is grounded in deep listening and real-world understanding. We navigate complex systems, coordinate the right supports, and reduce barriers - so people can move forward with confidence and agency. We focus on capability, not dependency, and support change that is achievable, owned and sustainable.

Outcare delivers services where life happens - across homes, communities and systems and stays engaged long enough for change to take place. Our work is informed by decades of specialised experience, a strong commitment to cultural safety, and evidence-led practice.

Outcare is part of **PeopleKind Group**, a diverse and growing group of organisations delivering services across justice, disability, housing, allied health, child protection and reintegration.

Through respectful, compassionate and collaborative practice, we empower people to set their direction and build futures that last.

Safe Strong Lives

Bright Futures

Safe Strong Lives

Safe, Strong Lives brings together pathways that help people achieve stability, safety and independence in their everyday lives. This work focuses on early intervention and practical, person-centred support to help people remain housed, navigate complex challenges and strengthen their capacity to manage daily life. We have dedicated programs providing support to women before, during and after transitions from custody to community life.

This work recognises the unique experiences and barriers faced by women, including trauma, living with a disability, disrupted relationships and limited access to long-term supports. By providing trusted support at critical moments and responding flexibly when circumstances escalate - these pathways help individuals feel supported, respected and empowered to build resilience, strengthen community connections and maintain long-term wellbeing.

Aboriginal Throughcare

Culturally grounded support from custody to community.

Aboriginal Throughcare provides culturally safe, person-centred support for Aboriginal people during their transition from prison back into the community. Beginning in the final year of custody and continuing for up to two years post-release, this pathway recognises the vital role that family, culture and community play in healing, strength and long-term stability.

Working alongside each client, our team takes time to understand individual criminogenic and psychosocial needs, cultural identity and personal goals. Together, we co-design a tailored support plan that respects lived experience, strengthens relationships and supports a safe, supported transition back into community life.

Support is holistic and practical, focused on removing barriers to building connection back to community and independence. This includes assistance with accommodation, education and training, employment pathways, and access to mental health and alcohol and other drug supports. Outcare values the wisdom of lived experience and proudly employs Aboriginal practitioners with lived experience — ensuring support is genuine, respectful and led by those who understand the journey.

This pathway helps people to:

- Strengthen connections to family, Culture and community
- Transition safely and confidently from custody to community
- Address criminogenic and psychosocial needs in culturally safe ways
- Access housing, education, training and sustainable employment
- Improve wellbeing, including mental health and substance use support
- Reduce barriers to reintegration through client-led, holistic care

Career & Community Transition Pathways

Preparing for life beyond custody.

Outcare's Career Development Pathway supports people in custody, and those preparing for release, to take meaningful steps toward community transition and parole readiness.

Participants are supported to explore employment, training and volunteering pathways while also building confidence, life skills and self-belief. We connect people with job and skills centres, provide access to resources not easily available in custody, and support broader preparation for life in the community.

This pathway is about more than employment — it's about rebuilding a sense of purpose, identity, strengthening independence and supporting people to contribute positively to their communities.

This pathway helps people to:

- Demonstrate parole readiness through active engagement
- Access employment, training and volunteering opportunities
- Build confidence and work-readiness skills
- Strengthen financial literacy, health and life skills
- Transition successfully from custody to community

Drug Court

Walking alongside people breaking the cycle of substance use and offending.

The Drug Court program supports people with substance use challenges who are involved in the justice system. Within a dedicated court setting, participants work with a multidisciplinary team including a Magistrate, legal representatives and treatment services.

Outcare enhances this pathway through lived-experience peer workers who walk alongside participants throughout any phase of the program — from early assessment through to later stages. Support is flexible and voluntary, and can begin as early as the assessment phase.

Peer workers provide practical guidance, encouragement and reflection drawn from their own lived experience. Their focus is on helping participants reconnect with the community, address substance use challenges, rebuild confidence and strengthen social connections that support long-term change.

This pathway helps people to:

- Break the cycle of substance use and offending
- Build confidence and motivation for change
- Strengthen social connections and community belonging
- Engage in healthy activities, interests and passions
- Feel supported by someone who understands their journey

REACH – Women’s Throughcare Pathway

Supporting women before and after release.

REACH provides continuous, personalised support for women during the final nine months of custody and for up to two years after release.

Delivered across Bandyup, Wandoo and Boronia, the program uses Outcare’s Throughcare model and assertive outreach to address the causes of offending and support lasting connections into their community. Support includes advocacy, practical assistance and connection to housing, employment, family and specialist services.

By ensuring continuity of care across custody and community, REACH helps women build stability, confidence and safer futures.

This pathway helps people to:

- Transition successfully from prison to community
- Maintain stable housing and employment
- Strengthen family and community connections
- Address the drivers of offending behaviour
- Reduce the risk of returning to custody

Start Court

Supporting wellbeing and reducing justice involvement.

Start Court is a voluntary, therapeutic court for adults appearing before the Central Law Courts who are experiencing mental health challenges.

Rather than focusing only on legal outcomes, Start Court works to address the underlying causes of offending behaviour. Participants receive coordinated support from a multidisciplinary team spanning health and justice, with the flexibility to opt out at any time. Participation can last up to six months.

By improving health, stability and wellbeing, Start Court supports people to make positive changes — helping them reintegrate into the community and reduce future contact with the justice system.

This pathway helps people to:

- Address the drivers of offending behaviour
- Improve mental health, wellbeing and daily stability
- Reduce the likelihood of returning to the justice system
- Engage in voluntary, person-centred and holistic support
- Benefit from coordinated health and justice responses

Thrive

Helping people stay housed, safe and supported.

Thrive supports public housing and First Nations housing tenants to maintain their tenancies and strengthen stability at home — before challenges turn into crises.

Funded by the Department of Communities, Thrive is delivered across the South Metro, Great Southern and South West regions of Western Australia. The program takes an early-intervention approach, while also responding to people facing complex and high-risk situations, such as financial hardship, domestic violence or the risk of eviction.

Support is provided by independent case workers, offering a safe and trusted space to talk openly. This independence allows people to seek help without fear of judgement, helping them regain control and confidence in their lives.

Since 2019, Thrive has delivered person-centred, practical support tailored to each person's needs. By strengthening life skills, linking people with local services, and working collaboratively across communities, Thrive helps tenants build resilience and stay connected for the long term.

This pathway helps people to:

- Sustain their tenancy and reduce the risk of eviction
- Address challenges early, with crisis support available when needed
- Build life skills, confidence and independence
- Strengthen community connections and support networks
- Access coordinated, collaborative services that work together

Tidda

Empowering women through diagnosis, support and self-determination.

Tidda supports women with undiagnosed or unsupported psychosocial or intellectual disabilities as they prepare for release from custody.

Funded by the Sisters of St John of God, Tidda addresses a critical gap by supporting access to diagnosis, NDIS applications and long-term specialist supports — laying the foundations for sustainable independence before release.

Case managers work closely with each woman to address housing, employment, family reconnection and community supports, always centred on dignity, empowerment and choice.

This pathway helps people to:

- Access diagnosis and NDIS supports
- Establish sustainable, long-term services before release
- Reduce barriers linked to living with a disability
- Secure housing, employment and positive relationships
- Build independence and reduce the risk of reoffending

Bright Futures

Bright Futures supports children and young people to grow, heal and thrive through safe, therapeutic and developmentally responsive care. These pathways prioritise connection — to family, culture, education and community — while addressing trauma, instability and justice system contact. Through strong relationships, tailored support and collaboration with partners, Bright Futures helps young people build life skills, confidence and a sense of belonging, laying the foundations for positive, sustainable futures.

Aboriginal Throughcare Youth

Culturally strong, community-led support for young people.

This pathway supports Aboriginal young people from six months prior to release and up to three years post-release, ensuring sustained care during a critical transition period.

The program strengthens cultural identity, family and community connection while building self-reliance, stability and opportunity. Support is holistic, trauma-informed and focused on long-term outcomes.

This pathway helps people to:

- Reduce or cease reoffending
- Strengthen cultural, family and community connections
- Build self-reliance, confidence and autonomy
- Improve trauma management and relationships
- Access education, employment, identification and essential services

Arclight

Empowering young women through connection, confidence and opportunity.

Arclight supports girls and young women aged 12–18 in the Kwinana area who are at risk of disengaging from education or becoming involved with the justice system.

Using a trauma-informed, strengths-based approach, Arclight works alongside young people to address barriers, strengthen resilience and build positive connections to education, family, community and support services. Delivered in partnership with Gilmore College, WA Police, the City of Kwinana and local agencies, the program provides coordinated, personalised support tailored to each young person's needs and goals.

Through strong relationships, community collaboration and early intervention, Arclight helps young women build confidence, improve school engagement and create positive pathways for the future.

This pathway supports young people to:

- Reconnect with education and improve school attendance
- Build confidence, resilience and self-belief
- Develop positive relationships and support networks
- Reduce anti-social behaviour and justice system involvement
- Strengthen engagement with family, community and local services
- Create pathways toward long-term wellbeing and success

Bright Futures

Safe, therapeutic care for young people.

Outcare's Bright Futures pathway provides 24/7 therapeutic support for young people under the guardianship of the Department of Communities, particularly those impacted by trauma or at risk of justice system involvement.

Care is flexible and tailored, with staffing ratios adjusted to meet individual needs. Young people are supported in safe, nurturing environments where they feel respected, valued and supported to heal.

Our culturally responsive, non-judgemental approach keeps young people connected to family, culture and community, while building the life skills and resilience they need for the future.

This pathway helps people to:

- Stay connected to family, culture and community
- Heal from trauma in safe, stable environments
- Build resilience and everyday life skills
- Access education, support networks and opportunities
- Feel valued, supported and hopeful about the future

Links

Mental health support for young people in the justice system.

Links is a voluntary program for young people before the Perth Children's Court who are experiencing mental health challenges.

Through personalised, recovery-focused support, young people are supported to improve mental health, develop life skills and reconnect with education, training and positive activities. Support is co-designed and may include clinical care, peer support and case management.

The goal is early, appropriate support — improving wellbeing and reducing the risk of reoffending.

This pathway helps people to:

- Improve mental health and emotional wellbeing
- Re-engage with education, training or work
- Build confidence and life skills
- Participate in positive community activities
- Access specialist and community supports

Reconnect

Supporting young people to rebuild stability and belonging.

Reconnect supports young people aged 12–18 who are homeless, at risk of homelessness, or involved with the justice system.

Through up to two years of tailored support, the program addresses housing stability, education and employment, mental health, wellbeing, and family relationships. Families are supported alongside young people to create safer, more stable environments.

Proven outcomes show that strengthening relationships, increasing engagement in education and securing stable housing directly reduces reoffending and improves wellbeing.

This pathway helps people to:

- Reduce further justice system involvement
- Improve housing stability and wellbeing
- Reconnect with education, training or employment
- Strengthen family relationships and support networks
- Build resilience and long-term stability

Working together to support stronger futures

Whether you're looking to make a referral, explore a partnership, or learn more about Outcare and our pathways, we'd love to hear from you. We work closely with individuals, communities, government and sector partners across Western Australia to deliver support that is responsive, collaborative and grounded in care.

Make a referral:

If one of our pathways may benefit someone you are supporting, our team can help explore suitable options and guide next steps.

Explore partnerships:

Connect with us to discuss corporate partnerships, service collaborations or community initiatives that create meaningful, shared impact.

Access support:

If you're a client or supporting someone who may benefit from Outcare services. We're here to help connect you with the right pathway.

Learn more about Outcare:

Discover who we are, what we do, and read stories from the communities and people we work alongside.

Explore scholarship opportunities:

Learn about scholarships available through Outcare and how they support education, training and positive pathways.

Contribute to our scholarship programs:

Talk with us about supporting scholarships and investing in opportunities that change lives and strengthen communities.

Work with us:

Explore career opportunities at Outcare and learn what it means to be part of a values led, purpose driven organisation.

Connect with us online:

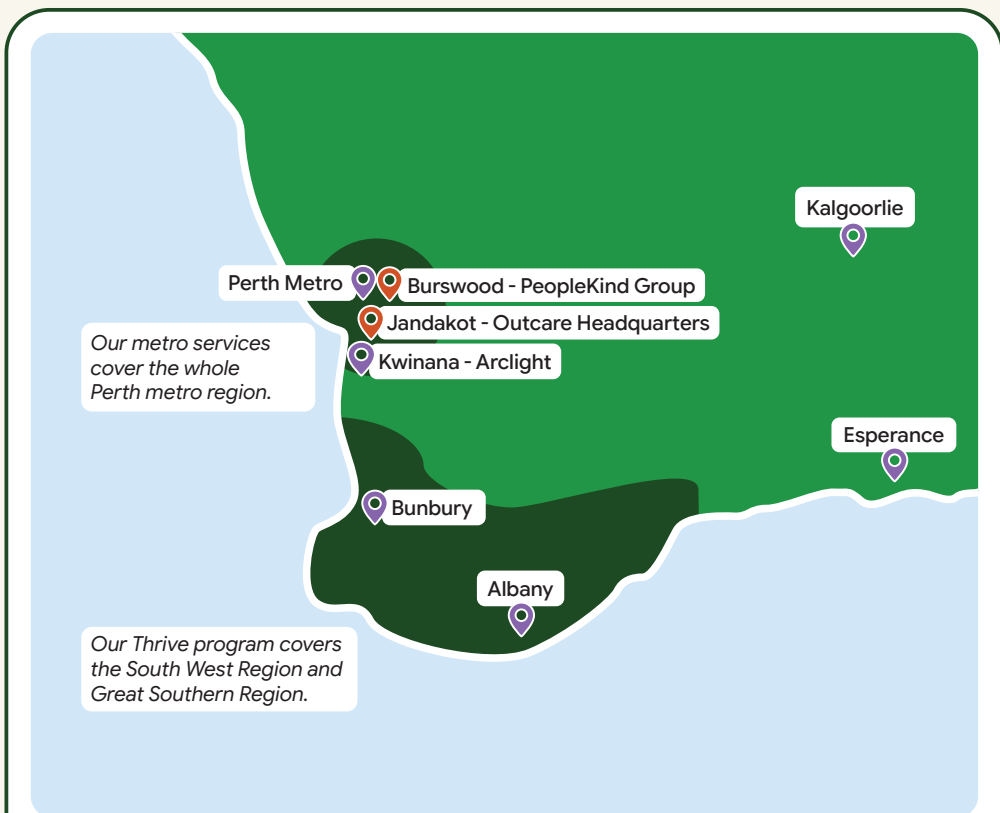
Follow Outcare on social media for updates, news and insights from across our programs and regions.

Speak with our team:

Have a question or want to talk things through? Our team is available to provide information, guidance and support.

Visit us:

Outcare has a presence across Western Australia and works closely with local communities, services and partners.



Where our services operate

- 📍 PeopleKind Group - Burswood
- 📍 Outcare Headquarters - Jandakot

- 📍 Outcare offices/service
 - Esperance
 - Kalgoorlie
 - Perth Metropolitan
 - Kwinana – Arclight
 - Albany
 - Bunbury



Our practice is centred on people — their strengths, experiences and goals — and on building relationships grounded in trust, respect and transparency.

We work alongside people, families and partners to deliver support that is responsive, culturally safe and tailored to each individual's circumstances. Guided by our Practice Framework, we bring together evidence, professional expertise and lived experience to ensure our services are consistent, accountable and genuinely person-centred. This approach helps ensure that the people we work with, feel heard and supported, and that referral organisations can be confident they are partnering with an organisation committed to high-quality practice, meaningful collaboration and positive, lasting outcomes.

Contact us

T (08) 6263 8622

E outcare@outcare.com.au

Explore our pathways online.

outcare.com.au



Reach out for support