

Start Court

A therapeutic court for adults who are before the Central Law Courts and have mental health challenges.

Net Promoter Score
100



Participant Results

- ✓ 95% reduced their reoffending
- ✓ 92% reduced/ceased their misuse of AOD
- ✓ 50% improved their mental health
- ✓ 40% increased their life and/or employment skills
- ✓ 38% improved their relationships
- ✓ 38% increased their positive use of time



Conclusion

University and government agencies research found these outcomes led to reduced reoffending. Our data found:

- ✓ 92% who reduced or ceased their misuse of AOD substances reduced their reoffending.

It's changing my life.

Outcare has helped support me to change my life. I'm forever in debt to them and forever grateful.

Start Court

A therapeutic court for adults who are before the Central Law Courts and have mental health challenges.

Net Promoter Score
100



Family/Carer Results

- ✓ 71% increased their self-care skills
- ✓ 57% increased their support network
- ✓ 57% increased their understanding about mental health



Conclusion

University and government agencies research found these outcomes led to reduced reoffending. Our data found:

- ✓ 75% who increased their support network had also increased their self-care skills.
- ✓ 75% who increased their understanding about mental health had also increased their self-care skills

I thought I was so lucky to have [Family Carer Peer] by my side or just a phone call away. Thank you.

I came away from each meeting feeling stronger and more able to cope with whatever situation was coming up.